



ST. PATRICK'S

Catholic Primary School



PE Action Plan 2021-2022

Aims: To accelerate the achievement of all children in Physical Education			
Action	Success criteria	Resources / who/cost/time	Impact
<p>Provide pupils with more opportunities to become independent in their learning so they take more responsibility for their own progress.</p>	<ol style="list-style-type: none"> Children choose resources to enhance their own learning. To use self/peer assessment to accelerate progress, give verbal feedback during lessons for children to progress. To celebrate school sport achievements in assembly. Sports captains selected. 	<ol style="list-style-type: none"> Re-introduce play leaders at lunchtime (COVID restrictions allowing) PE/Sports Captains to be more involved in the running of intra house tournaments and Sports Day PE and play equipment Pupils and teachers/coaches to discuss verbally how to improve their technique and children to independently work on their own progress. 	<ol style="list-style-type: none"> Children understand which equipment is most suitable for different activities. Children understand how to provide constructive criticism to peers Children to encourage each other in all aspects of PE. Children will have a clear idea about what the learning goals are and how they can achieve them. Captains take on more responsibility throughout the year.
<p>Ensuring that more able pupils are sufficiently challenged in all lessons.</p>	<ol style="list-style-type: none"> 1. To using a range of strategies to push their learning further 	<ol style="list-style-type: none"> Teachers should ensure they are including a range of activities to suit 	<ol style="list-style-type: none"> By trying out a range of different activities, children will grow to know which they enjoy best- this



ST. PATRICK'S

Catholic Primary School



PE Action Plan 2021-2022

	<ol style="list-style-type: none"> 2. Stagger introduction/lesson starts for different abilities. 3. To provide a challenge opportunity within the PE lesson. 4. To allow more able pupils to lead other groups within the lesson 	<p>all types of learners. (gymnastics/dance/games/athletics)</p> <ol style="list-style-type: none"> 2. Teachers should be confident with allowing more able children to investigate and explore a more complex technique independently while others are practising/teaching each other. 	<p>encourages autonomy over their own fitness.</p> <ol style="list-style-type: none"> 2. Teachers spend time with more able children pushing them out of their comfort zone and allowing more independence 3. Teachers/coaches working with small groups developing and honing a specific skill.
<p>To develop a cross curricular approach to PE.</p>	<ol style="list-style-type: none"> 1. To have a cross curricular approach within other subjects where possible (maths/science/PSHE). 2. To have a broad cross curricular approach to lessons, particularly science – teaching parts of the body, healthy eating and the science behind exercise. 3. Children to participate in sports day and Race for Life. 4. Offering children within all years the chance to engage in outdoor activities. 5. Promote a healthy lifestyle- cross curricular links with PSHE and science. 	<ol style="list-style-type: none"> 1. Show practical applications of maths and topic in PE lessons (counting, 1st, 2nd 3rd, more/less etc) 2. Evidence on PE Passport and displays. 3. PE lead organises sports day so that all children participate in different events. 4. Children within year 6 will gain OAA experience on residential trip (when COVID restriction allow). 5. Encourage children to walk/ride a bike or scooter to school. PSHE/ School travel plan. Promotion of healthy foods 	<ol style="list-style-type: none"> 1. Children understand how we can apply our knowledge across the curriculum. 2. Better understanding of the health benefits of exercise and that it's important to keep active as they get older. 3. Awareness of keeping fit and raising money for charity- something they can participate in when they're adults. Marathon runs etc.



ST. PATRICK'S

Catholic Primary School



PE Action Plan 2021-2022

	<p>6. Re introduce Swimming lessons as a life skill (when COVID restrictions allow).</p>	<p>throughout the school- in lessons and on display. Salad bar in dinner hall.</p> <p>6. Year 4/5 teachers chaperone children to swimming lessons.</p> <p>7. PE Lead and Holloway Coaching staff to book sporting events and allocate specific times to train selected children in order for them to succeed.</p>	<p>4. Team-building skills and confidence boosting.</p> <p>5. Children learn that travelling in an active way to school will increase their fitness. Making good choices about what they eat- balanced diet.</p> <p>6. Good basic swimming skills are learnt.</p>
<p>To improve PE skills across the school.</p>	<ol style="list-style-type: none"> Holloway Coaching staff to 'team teach' during PE lessons and take small groups to improve skill set. To promote extra-curricular activities and clubs. Increase the percentage of children taking part in sport for fun but also to increase levels/time children partake in physical activity. To enhance the range of opportunities, (Yoga, street dance, archery etc), offered to children by making use of specialist coaches - to encourage all children to participate in activities. 	<ol style="list-style-type: none"> Holloway Coaching and Havering Sports Collective, links with other schools. To open a wider range of extra-curricular activity clubs; in particular look at the provision of clubs for KS1 children in preparation for KS2. Holloway Coaching to provide specialist coaches. 	<ol style="list-style-type: none"> To encourage all levels of ability and gender to join after school clubs including Football, Tag Rugby. & 3. All children participate and are active - including those who don't consider themselves 'sporty'.