



PSHE

*We show our love for Jesus in all we do and say.
Celebrate our gifts and our talents
As we enjoy learning and playing together.
We try to follow the example of St Patrick within our school
Community.*

**Policy reviewed: Summer 2022
Next Policy review due: Summer 2024**

Personal, Social and Health Education (PSHE) and Citizenship Policy *see links to Health Policy, Relationship Policy, Computing/ICT Policy and Science Policy*

1 Aims and objectives

Personal, social and health education (PSHE) and citizenship enables children to become healthy, independent and responsible members of society. Through the inclusion of SMSC foci, we encourage our pupils to play a positive role in contributing to the life of the school and the wider community. They learn to appreciate what it means to be a positive member of a diverse multicultural society. In doing so we help develop their sense of self-worth.

In conjunction with our British Values Policy, we teach them how society is organised and governed. We ensure that they experience the process of democracy in school through the school council. We teach them about rights and responsibilities.

The aims of Personal, Social and Health Education and Citizenship are to enable the children to:

1. Know and understand what constitutes a healthy lifestyle; including both physical and mental wellbeing
2. To be aware of safety issues; including safer travel and internet use
3. Understand what makes for good relationships with others;
4. Have respect for others;
5. To be independent and responsible members of the school community;
6. To be positive and active members of a democratic society;
7. Develop self-confidence and self-esteem, and make informed choices regarding personal and social issues;
8. Develop good relationships with other members of the school and the wider community.

2 Teaching and learning style

We use a range of teaching and learning styles. We place an emphasis on active learning by including the children in the planning of topics, discussions, investigations and problem-solving activities. We encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of school special events such as an assembly or open evening, or involvement in an activity to help other individuals or groups less fortunate than themselves. We organise classes in such a way that pupils are able to participate in discussion to resolve conflicts or set agreed classroom rules of behaviour. We offer children the opportunity to hear visiting speakers, such as health workers, police, and representatives from the local church, whom we invite into the school to talk about their role in creating a positive and supportive local community.

3 PSHE and citizenship curriculum planning

- We teach PSHE and citizenship in a variety of ways. In some instances, e.g. drugs education, we teach PSHE and citizenship as a discrete subject. PSHE is supported by RSE. We are currently using Twinkl materials as a support to our PSHE education throughout the school (see PSHE overviews for units of work). We also have a weekly wellbeing session for each year group.

- We teach PSHE and Citizenship in a variety of ways. Most weekly lessons have an explicit focus (Human Rights, Anti Bullying) and work is centred round a series of discussion based questions with some written and art based responses required. Some topics require a more cross curricular approach e.g. when teaching about local environmental issues in geography, we offer pupils the opportunity to explore who is responsible for the maintenance and upkeep of local parks and cycle paths.

- We also develop PSHE and citizenship through activities and whole-school events, e.g. the school council representatives from each class meet regularly to discuss school matters and to organise fundraising events. We offer a residential visit in Key Stage 2, where there is a particular focus on developing pupils' self-esteem and giving them opportunities to develop leadership and co-operative skills through challenging and team based activities.

- In addition, School assemblies are timetabled to include PSHE/Citizenship themes on a regular basis alongside the delivery of our Core Values and British Values.

4 Foundation Stage

- We teach PSHE and citizenship in Foundation classes as an integral part of the topic work covered during the year. As these classes are part of the Foundation Stage of the National Curriculum, we relate the PSHE and citizenship aspects of the children's work to the objectives set out in the Early Learning Goals (ELGs). Our teaching in PSHE and citizenship matches the aim of developing a child's personal, emotional and social development as set out in the ELGs. We also support

citizenship education in foundation classes when we teach 'how to develop a child's knowledge and understanding of the world'.

5 Teaching PSHE and citizenship to children with special educational needs

- At our school we teach PSHE and citizenship implicitly through all lessons to all children, whatever their ability. PSHE and citizenship opportunities, delivered through the whole school curriculum, provide a broad and balanced education to all children. Through our PSHE and citizenship teaching we provide learning opportunities that enable all pupils to make progress. We do this by setting suitable learning challenges and responding to each child's different needs.
- Intervention through School Action and School Action Plus will lead to the creation of an Individual Education Plan (IEP) for children with special educational needs. The IEP may include, as appropriate specific targets relating to PSHE citizenship.
- We enable pupils to have access to the full range of activities involved in learning PSHE and citizenship. Where children are to participate in activities outside the classroom, for example, a charity fun-raising event at a local church hall, we carry out a risk assessment proper to the activity, to ensure that the activity is safe and appropriate for all pupils.

6 Assessment and recording

- We do not set formal examinations in PSHE and citizenship. Examples of children's weekly work is recorded in a whole class scrapbook.

7 Equal opportunities and Inclusion

- PSHE plays an important part in the life of our school. Children are able to enjoy and achieve. It is available to every child and all children take part in a range of activities, making a positive contribution to the life of the school and local community.
- Activities both within and outside the classroom are planned in a way that encourages full and active participation by all children, matched to their knowledge, understanding and previous experience.
- Children have equal opportunities to develop their understanding and enjoyment of PSHE regardless of ethnicity, race, gender and ability. Every effort is made to ensure that activities are equally interesting to all genders.
- At St Patrick's Catholic Primary School, we value all cultures; our teachers ensure that all pupils have access to resources that do not contain race, ethnicity or gender stereotypes. Teachers ensure that the curriculum is appropriate for the needs of all children

8 Curriculum Provision

- At St Patrick's Catholic Primary School, we are committed to providing the best possible provision for children of all abilities. We plan our teaching and learning so that each child can aspire to the highest level of personal achievement. Our teachers plan carefully to meet the learning needs of all our children. We give all

children the opportunity to show what they know, understand and can do, and we achieve this in a variety of ways when planning for children's learning.

Our aims are to:

- Provide a high quality curriculum and effective teaching
- Provide opportunities to extend and challenge pupils through mastery tasks
- Ensure that all children achieve their full potential
- Provide a range of activities which provide enrichment in all areas of the curriculum.

9 Resources

▪ Twinkl resources are mainly used.

▪ 'Bounce Back' scheme is used for our weekly wellbeing sessions.

These are supported by additional reference materials held by the subject leader for teaching sensitive issues.

10 Monitoring and review

▪ The PSHE and citizenship subject leader is responsible for monitoring the standards of children's understanding and the quality of teaching. The subject leader supports colleagues in the teaching of PSHE and citizenship, by giving them information about current developments in the subject and by providing a strategic lead and direction for the subject in the school. The subject leader is also responsible for giving the headteacher an annual summary report, evaluating strengths and weaknesses in the subject and indicating areas for further improvement. We allocate special time for our subject leader to enable him/her to fulfil this role by reviewing samples of children's work and visiting classes to observe teaching in the subject.

This PSHE and citizenship policy should be read in conjunction with the Health, Safety and Welfare Policy and The British Values Policy.

Appendix 1